**Basic Emergency Kit**

Everyone should plan to be “on their own” for one week before relief, this could be longer if poor weather conditions are present or your airport runway becomes compromised.

A key element in an emergency kit is to make sure they are organized, easy to find and easy to carry (in a waterproof container, suitcase with wheels or in a backpack). The Salvation Army recommends packing the items in a sturdy sealable trash barrel. Whatever you do, do not wait for a disaster to happen.

**T**hink of ways to pack your emergency kit so that you can easily take it with you.

* **Water** – one gallon of water per person per day (Include small bottles that can be carried easily in case of an evacuation order).
* **Food** – that will not spoil, such as canned food, energy bars and dried foods (remember to replace the food and water once a year).
* **Disposable dishes**, utensils and containers.
* **Manual can opener.**
* **Flashlight and batteries. (one per person)**
* **Candles and matches or lighter.**
* **Battery–powered or wind–up radio** (and extra batteries).
* **First aid kit.**
  + **sterile bandages, 2 and 4 inch wide rolls**
  + **bandages (large triangle and plastic strips)**
  + **cotton-tipped swabs**
  + **sterile absorbent cotton**
  + **ace and butterfly bandages disposable diapers large gauze**
  + **adhesive tape, 2 inch wide roll**
  + **petroleum jelly**
  + **rubbing alcohol**
  + **tissues**
* **Special needs items** – medications, infant formula, diapers, eyeglasses, etc.
* **Extra keys** – for your car and house.
* **Cash** – Minimum of $100, include smaller bills and change for payphones. Remember, if it is a large disaster, credit card machines will not be working.
* [**Emergency plan**](http://www.getprepared.ca/plan/plan_e.asp) – ensure it contains your contact information.
* **Change of clothing and footwear** – for each household member.
* **Sleeping bag or warm blanket** – for each household member, plastic sheet or tarp.
* **A whistle** – in case you need to attract attention.
* **Garbage bags** – for personal sanitation.
* **Toilet paper and other toiletries. Shovel and Bucket with plastic liners.**
* **Safety gloves.**
* **Basic tools** – hammer, pliers, wrench, screwdrivers, fasteners, work gloves.
* **Small stove and fuel** – follow manufacturer’s directions and store properly.
* **Two additional gallons of water per person per day** – for cooking and cleaning.
* **Copies of personal documents** – keep in a waterproof container.
  + **driver’s license**
  + **list of credit cards, checking and savings account numbers**
  + **insurance policies**
  + **birth certificates**
  + **medical history**
  + **passports**
  + **US service discharge papers**
  + **pink slips for autos, boats, etc.**
  + **Social Security cards**
  + **wills**
  + **household inventory**
  + **pictures of each room in home, from 2 angles (for insurance)**
* **Cards/Games/Books.**
* **Extra batteries.**