

Good – Better – Best

A No-Cost/Low-Cost Guide to Home Preparedness for Alaskans



Good – Better – Best

Water*	3 Days	7 Days	2 Weeks
Food*			
NOAA Weather Radio			
Basic First Aid Kit			
Flashlight			
Cash Savings			
Alternative Heating Source			
Garbage Bags			
Toilet Paper			
Bucket with Lid			
Alternative Cooking Method			
Basic Construction Tools			
Extra Blankets			
Personal Hygiene Wipes			
Extra Batteries			
Basic Building Material			
Generator			
Sewing Kit			
Map/Compass			
Pen/Notepad			

*Per Person Per Day

Communications

Family Contact Numbers

Name	Work/School Name	Phone	Alt. Contact

Work	Address	Phone	Alt. Contact

School	Address	Phone	Alt. Contact



Additional Resources

General Preparedness

ready.alaska.gov

ready.gov/low-and-no-cost

do1thing.com

iem.com

Check Weather

weather.gov

Health Safety

cdc.gov

dhss.alaska.gov

Before You Travel

511.alaska.gov

travel.state.gov

dhs.gov/travel-alerts

Local Police & Fire

