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Get Ready With Yeti! Activity Book



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Hi, I'm Yeti! Lets **Get Ready** for disasters and emergencies. They can happen anywhere, but there are ways to stay safe.



Here is a list of items you may want to have in your Go Bag!

Can you find all of these things in the word search?

Backpack

Batteries

Blanket

Clothes

First aid kit

Flashlight

Food

Paper

Pencil

Soap

Toothbrush

Toothpaste

Water



Yeti wants to make sure he has a Go Bag ready for if he has to leave quickly after a disaster. He wants to have things that will help him see, keep warm, eat, drink and stay clean.



EARTHQUAKE

An Earthquake is when the rock under the earth's surface moves. When it happens, the ground under your feet can shake, move, or crack.

If the ground starts shaking:

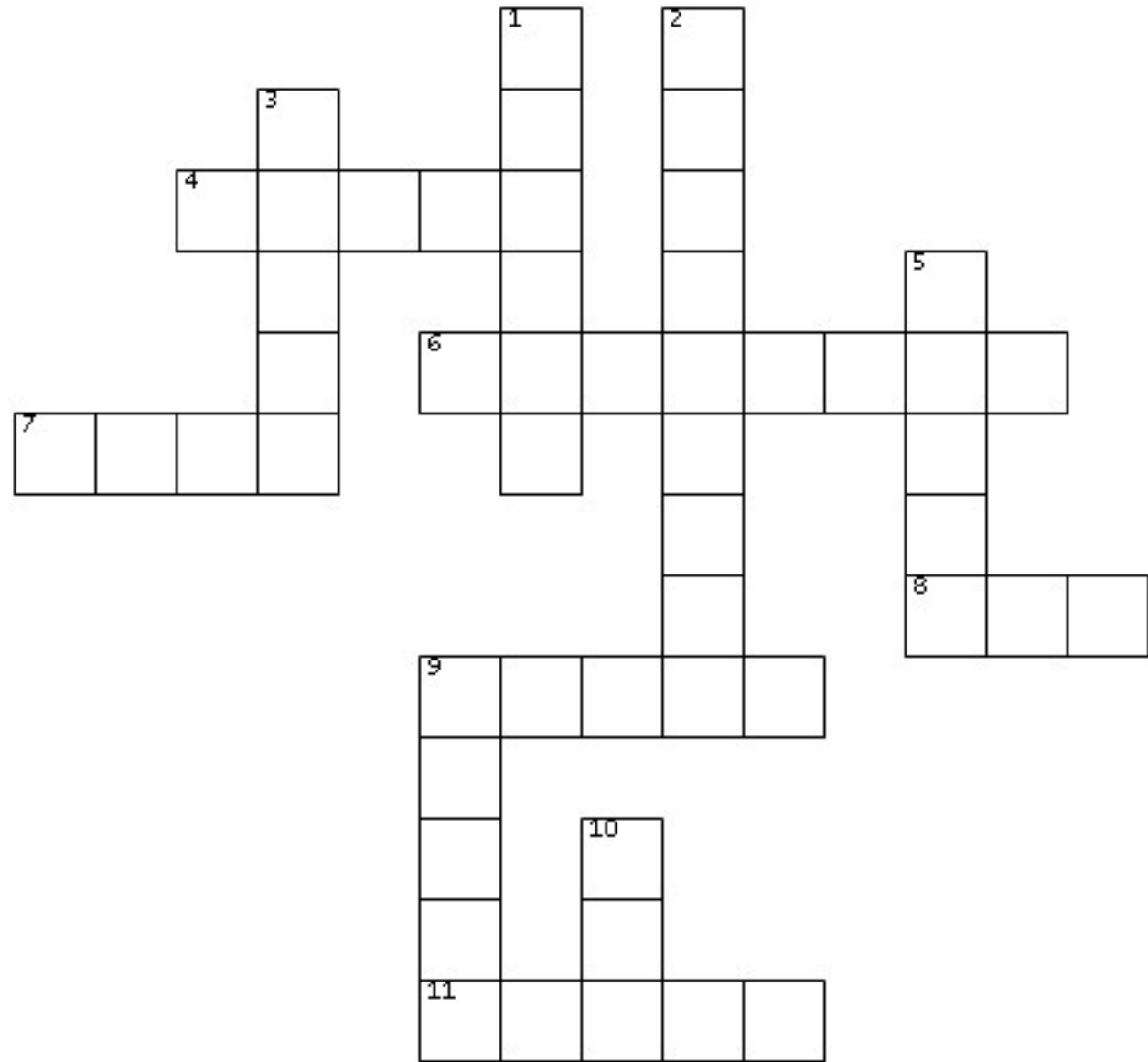
- **DROP** where you are onto your hands and knees
- **COVER** your head and neck. Crawl under a nearby sturdy table or desk if you can.
- **HOLD ON** until the shaking stops.

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Can you draw yourself dropping to the ground, getting under cover and holding on for me?



Emergency Preparedness Crossword Puzzle



ACROSS

- Every person needs one gallon of this per day!
- _____ bag: Great for napping or keeping warm.
- Furry family members that should be part of your preparedness plan.
- You might find water, a flashlight, or a whistle in an emergency supply _____.
- _____ light: A handy tool to have if the lights go out!
- Keep an extra pair of these in your supply kit to keep your feet dry!

DOWN

- Families can create a _____ of support to contact and work together in an emergency.
- These will be needed to power your electronics in an emergency.
- Fun items that families can play together.
- Some people have a _____ between meals if they are hungry
- It's important to get the _____ about different kinds of emergencies and know what to expect.
- Every family member should carry a contact list with at least _____ phone numbers that will allow you to keep in touch during an emergency.



Yeti's family has a plan to meet in a safe place if there is a disaster. Can you help Yeti find his way there?

